

## OBSERVANCE OF 74<sup>th</sup> ESIC FOUNDATION DAY AND SPECIAL SERVICES FORTNIGHT AT ESICMH RAMDARBAR CHANDIGARH AND IN INDUSTRIAL CLUSTER DATED 28.02.2025

A preventive health check-up camp was organized at United media computer, Chandigarh in the presence of Dr.DevenderPal Singh Bagga, Dr.Saipreethi along with Nursing officer, Nursing orderly and a laboratory technician. A detailed health check-up was conducted and basic investigations were advised at the camp.

A camp was organized at industrial cluster emphasizing on the benefits of ESIC scheme and for early diagnosis of lifestyle disorders related to hypertension, diabetes, thyroid disorders, asthma, tuberculosis and occupational related health hazards in insured persons. A small health talk was given to adopt measures for maintaining healthy lifestyle, to include healthy diet, yoga and regular exercise in daily routine to prevent diseases related to sedentary lifestyle. The IPs/IW were given the required consultation at the camps.

Photographs of the camp are attached for reference



